

seeds of change

SINTRÓPICA

WRITTEN AND DIRECTED BY **MIGUEL GARCÍA ORIVE**

PRODUCED BY **MIGUEL GARCÍA ORIVE Y ELEONORE VAN WONTERGHEM**

CAST **JAIME OTERO, SÉRGIO OLAYA Y DIOGO SANTOS**

EDITION AND CINEMATOGRAPHY **MIGUEL GARCÍA ORIVE**

ORIGINAL SOUNDTRACK **ZABALA**

 **Konzentrika**
FILMS

TECHNICAL SHEET

Original title: Sintrópica

Logline: seeds of change

Film genre: Documentary feature

Duration: 104 min

Format: DCP 2K - 1:1,78

Sound: 2.1

Language: Spanish and Portuguese

Subtitles: Spanish, English and French

Country: Spain

Year of production: 2024

Age rating: pending

Direction: Miguel García Orive

Cast: Jaime Otero, Sérgio Olaya, Diogo Santos

Screenplay: Miguel García Orive

Edition: Miguel García Orive

Direction of photography: Miguel García Orive

Music: Zabala

Sound: Ion Arenas

Film production company: Konzéntrica Films

Web: www.konzentrika.com/sintropica



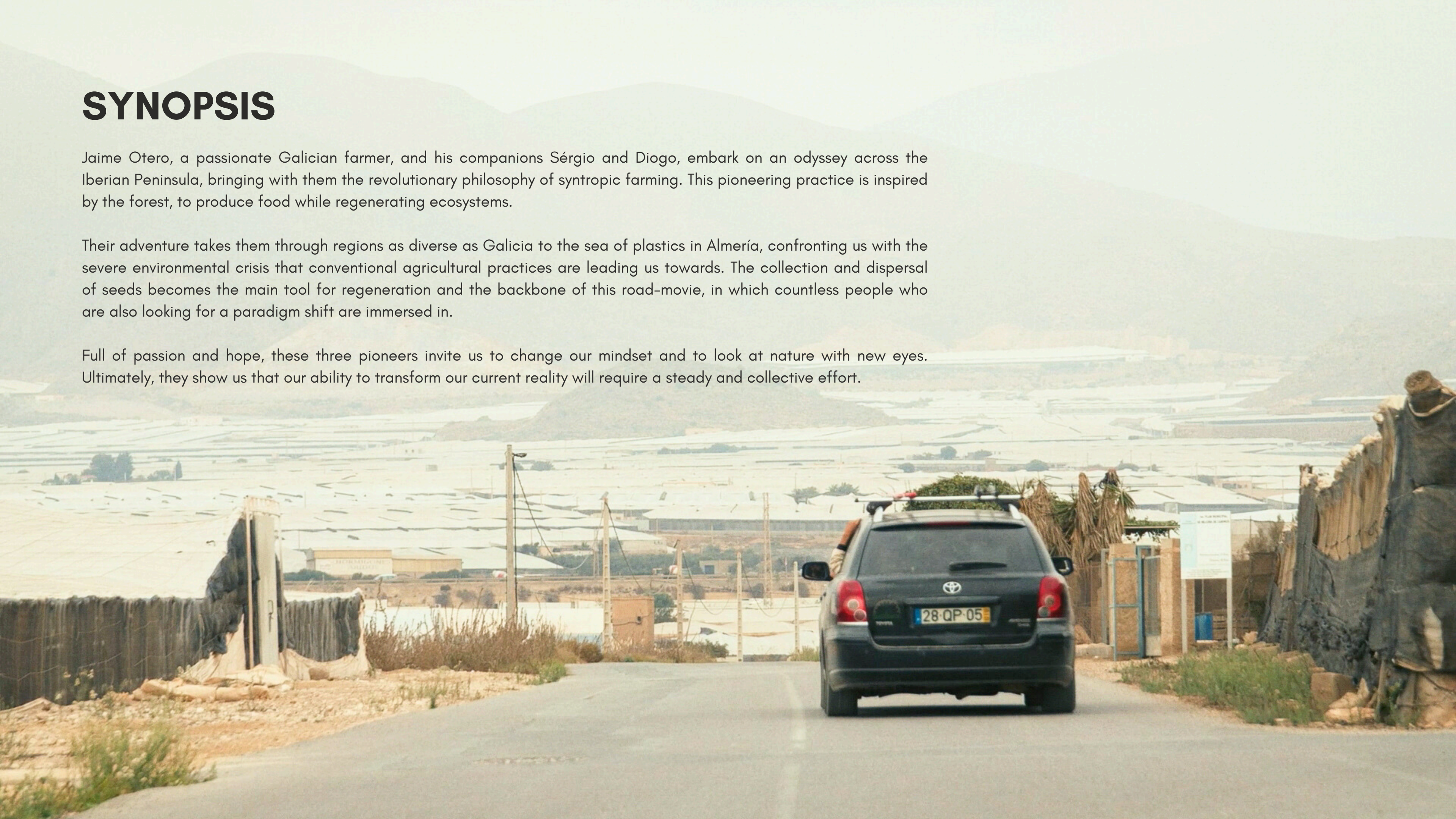
Watch de trailer!

SYNOPSIS

Jaime Otero, a passionate Galician farmer, and his companions Sérgio and Diogo, embark on an odyssey across the Iberian Peninsula, bringing with them the revolutionary philosophy of syntropic farming. This pioneering practice is inspired by the forest, to produce food while regenerating ecosystems.

Their adventure takes them through regions as diverse as Galicia to the sea of plastics in Almería, confronting us with the severe environmental crisis that conventional agricultural practices are leading us towards. The collection and dispersal of seeds becomes the main tool for regeneration and the backbone of this road-movie, in which countless people who are also looking for a paradigm shift are immersed in.

Full of passion and hope, these three pioneers invite us to change our mindset and to look at nature with new eyes. Ultimately, they show us that our ability to transform our current reality will require a steady and collective effort.



THEME

Syntropic farming is a form of regenerative agroforestry management, developed by the Swiss researcher and farmer Ernst Götsch. It proposes a radical shift in perspective by no longer placing us, human beings, as a focal point, leaving space for the rest of the living species, with which we have a relationship of absolute interdependence. To this end, **it takes natural forest processes as a reference point**, paying particular attention to the relationships between the elements that compose it, as well as the ecological succession within each system. In a forest, every element, from the smallest and microscopic to the largest and most ancient, fulfills its specific function. These concepts of inclusion and collaboration are fundamental principles of syntropic farming. Furthermore the more beings inhabit the forest, the richer and more fertile it becomes

Cooperation among species is the mechanism through which life flourishes.

Strangely enough, the opposite of what conventional agriculture proposes.



THE AUTHOR

Miguel García Orive, the scriptwriter, director, and producer of *Sintrópica*, is a filmmaker **committed to narratives that explore the complexities of nature and human connections**. His cinematographic approach is characterized by a direct and poetic documentary style, seeking essence and emotion through detail together with a **rich and sensitive storytelling**. His great versatility and training in the cinematographic field allow him to tackle challenging and complex projects. His numerous adventures and travels around the world have equipped him with a genuine and profound understanding of the human species. After an adventure from Barcelona to India on his bicycle, *El viaje interminable (The neverending trip)* was born: an inspiring photo book that shows his great capacity for storytelling and heart-felt connections. His fierce commitment to be a force for positive change, is later reflected in the founding of Konzéntrika Films in 2020, a film production company based in northern Spain that seeks to use cinematographic language to make an impact within the social and ecological spaces.

FILMOGRAPHY

- Hamza*. Spain, 2022. Documentary short film.
- Il restera la terre*. Switzerland, 2022. Documentary short film.
- Gre*. Italy, 2023. Documentary short film.









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